

# What is LHF Currently Advocating For?

Lung Health Foundation (LHF) advocates tirelessly to raise awareness about the critical importance of lung health across Canada. Whether you have firsthand experience with conditions like asthma, COPD, or lung cancer, or you've supported a loved one through these challenges, we're here to amplify your voice and support your advocacy efforts for meaningful policy change.

#### In COPD, we are Advocating for:

- 1. Increased Access to Spirometry: Ensuring that spirometry testing is widely available to diagnose and monitor COPD effectively.
- 2. Improved Access to Care: Enhancing the quality of care to better manage COPD, slow its progression, and improve overall quality of life.
- 3. Better Women's Experience: Addressing gaps in the diagnosis and treatment of COPD for women, ensuring gender-specific considerations are met.
- 4. Enhanced Support: Providing comprehensive support for individuals living with COPD to improve their daily lives and access necessary resources.

## In Smoking and Vaping Cessation, we are Advocating for:

- 1. Restricted Access to Vaping Products: Limiting the availability of vaping products, particularly to youth, to prevent early onset and usage.
- 2. National Cessation Support: Offering robust, nationwide resources to assist Canadians in quitting smoking and vaping.
- A Smoke-Free Generation: Working towards creating an environment where smoking is no longer a common practice, reducing its prevalence among future generations.

## In Lung Cancer, we are Advocating for:

- Prevention of Exposure: Reducing exposure to known lung carcinogens, including tobacco smoke, vaping, and radon, to prevent lung cancer.
- Equitable and Quality Cancer Care: Ensuring that cancer care is equitable and high-quality, with a strong focus on prevention, early diagnosis, and effective treatment.

## In Air Quality, we are Advocating for:

- Awareness of Pollution Effects: Raising awareness about the severe impact of air pollution and wildfires on respiratory health, especially for those living with lung conditions.
- 2. Targeted Supports: Implementing targeted measures to help individuals with lung conditions create healthier living environments, free from pollutants, irritants, and carcinogens.



## We are Advocating for Health Equity

- 1. Increased Funding and Research: Addressing the historic underfunding and lack of research in lung health, partly due to the stigma associated with smoking.
- 2. Addressing Stigma: Combatting the stigma faced by Canadians with lung conditions when seeking treatment and support.
- 3. Highlighting Health Equity Issues: Shedding light on health disparities in lung health among marginalized groups, including women, individuals with lower socio-economic status, racialized communities, and those living in rural and remote areas.

Our advocacy efforts are designed to bring about meaningful change and improve lung health outcomes for all Canadians. Your support and involvement are crucial as we work towards these goals, ensuring that every voice is heard and every issue is addressed.

